

Doncaster Health and Wellbeing Board

Date: 14<sup>th</sup> June 2018

**Subject:** Loneliness & Social Isolation

Presented by: Dr Rupert Suckling

Purpose of bringing this report to the Board	
Decision	
Recommendation to Full Council	
Endorsement	х
Information	х

Implications		Applicable Yes/No
DHWB Strategy Areas of Focus	Substance Misuse (Drugs and Alcohol)	Yes
	Mental Health	Yes
	Dementia	Yes
	Obesity	Yes
	Children and Families	Yes
Joint Strategic Needs Assessment		Yes
Finance		No
Legal		No
Equalities		Yes
Other Implications (please list)		

## How will this contribute to improving health and wellbeing in Doncaster?

Loneliness and social isolation can have a huge detrimental effect on the health and wellbeing of our residents. Loneliness can be as harmful as obesity and could be as harmful as smoking 15 cigarettes a day. A simple but effective and collaborative approach is needed to ensure that we eradicate loneliness in Doncaster by 2021.

## Recommendations

The Board is asked to:- Note the progress and delegate establishing a programmatic approach to loneliness to the Health and Wellbeing Steering group.